

IRB #21-167SO-1 | Principal Investigator: Daniel W. Rosenberg, Ph.D., UConn Health Center for Molecular Oncology

Help us study the mechanisms in colon cancer



Walnut Study

We are investigating the benefits of adding walnuts to your diet

You May Be Eligible If You:

- Are between 39-75 years old
- Are eligible to be scheduled for a routine colonoscopy
- Have a family history of colon cancer or colon polyps in a first-degree relative or a personal history of colon polyps or a positive FIT or Cologuard screening test
- Do not have a personal history of colon cancer

Commitment:

- 29-day clinical research study
- Consuming walnuts for 3 weeks and avoiding certain foods, drinks & supplements for 4 weeks prior to your colonoscopy procedure
- Completing dietary and activity surveys
- Providing blood, urine, stool, and colon biopsy samples
- Coming in for 1 or 2 study visits before your colonoscopy appointment

Compensation: Up to \$250 for study participation

Funding: Supported by the National Institutes of Health and the California Walnut Commission

Ethics Approval: UConn Health Institutional Review Board, IRB #21-167SO-1

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